

Organisation Name		Reference code
Build A Girl UK Community Interest Company		2024-10-YWG10
Organisation Address		
Studio 1, 29 Great Horton Road Bradford West Yorkshire BD7 1AA West Yorkshire		
Website Address		
N/A		
How did you hear about the Triangle Trust?		
Online		
Please describe your organisation's purpose in one or two sentences.		
Build A Girl UK provides a safe therapeutic environment where girls and young women who are vulnerable to, or victims of sexual and criminal exploitation, are encouraged, supported and empowered to build a healthy authentic version of themselves		
Type of organisation? (tick all that apply and complete relevant details)		
Charity	Registered Charity Number	Date Registered
No		
Community Interest Company	Registered Companies House Number	Date Registered
No	12840890	2020
Social Enterprise	Social Enterprise Mark Awarded Yes/No	Date Awarded
No		
Grant Summary		
The grant will enable us to provide a safe space where girls and young women who have experienced various forms of violence and abuse a chance to break cycles and divert from potential school exclusions and risk of involvement in criminal and sexual exploitation.		
Please describe the specific needs of the young women and girls you work with that this project will address		
<p>Without exception the girls and young women have experienced early childhood trauma, neglect, poverty, sexual abuse and violence in the home.</p> <p>Almost all the girls are from single parent homes (brought up by Mum) and fathers are absent or have very limited contact.</p> <p>Mums are often survivors of sexual violence and abuse and have little or no support using drugs and alcohol as coping strategies.</p> <p>This often leads to an overwhelming responsibility on the girls and young women to look after their Mums and siblings.</p> <p>The girls and young women are labelled as 'street wise', hard to reach, problematic and not supported in a compassionate and trauma informed way.</p> <p>The communities they live in are rife with crime and anti- social behaviour. They have little or no positive role models.</p> <p>Several members of the group are Looked After Children living in local authority care or foster homes. These girls and young women are often isolated, vulnerable and struggle to build positive peer relationships.</p>		

They are labelled as disruptive often leading to permanent exclusion from mainstream school.

This project aims to break the intergenerational cycles of abuse

Offering hope and supporting them to achieve their dreams and live healthy stable fulfilled lives.

Our lived experience and peer led approach will encourage members healthy, supportive connections and receive guidance in a positive and non judgemental environment. Supporting these girls and young women to grow in confidence, develop skills and knowledge based on their individual interests, learn to recognise grooming behaviours and resist potentially exploitative relationships.

What are the key outcomes you will be seeking to achieve for young women and girls either at risk of offending or who are already caught up in the criminal justice system?

25 project participants PA will:

learn how to build trusting, functional and consistent relationships with adults and peers who have their best interests at heart

develop their own hobbies and interests

develop an improved knowledge and understanding of both online and offline grooming behaviours and feel empowered to recognise potentially exploitative adults and peers and being actively able and willing to resist engagement and development of relationships with such individuals.

understand and accept the concept of personal responsibility and recognise the direct consequences of their own choices, decisions and actions, including the legal consequences.

demonstrate an ability to make healthier, more positive and more productive life choices and in so doing actively reject criminality

continue to grow organically and increase in confidence as they work towards and achieve these outcomes during their time with the project, to the point where they are willing and able to reengage with formal education.

continue in formal education, working towards achieving their chosen qualifications become integrated into a safer and more positive lifestyle as they journey towards a healthy and fulfilling adulthood

Build A Girl U.K. will:

develop a training programme based on best practice in the achievement of the above outcomes with girls and young women who have been excluded from formal education and are in danger of being criminally and sexually exploited.

develop a Training The Trainer programme to support delivery of this training.

successfully pilot both these programmes online and face to face.

recruit a cohort of sessional tutors to support national rollout of these programmes.

research and agree a pricing strategy the these training programmes

finalise, roll out and offer these programmes nationally, online and face.

raise income from these programmes starting from Sept 2026 to fund the continuation of Build A Girl's work with girls and young women at risk of criminal and sexual exploitation from Sept 2027

What are the key activities you will undertake with this funding to achieve this?

1. Continue and further develop work with those who work with girls and young women who have been excluded from school with a view to inviting excluded girls and young women to our specialist, trauma informed project

2. Recruit and train of at least 3 sessional workers comprised of 3 older women with lived experience of the issues faced by the girls and young women accessing this project. In addition to bringing life experience these sessional workers, once fully

trained, will also bring support and communication skills conducive to building healthy relationships with the project cohort so they are able to be role models, mentors and trusted guides. These sessional workers will be selected based on their potential to achieve this goal but also based on their own particular leisure interests and skills, thus enabling them to coordinate practical sessions with the group as a vehicle for relationship building.

3. Recruit and train of at least 3 young sessional peer workers who have worked through and 'graduated' from the existing Build A Girl support project, who will under the guidance and supervision of the project leader and the trusted adult sessional workers described in 1 above develop positive healthy peer relationships with the project participants.

4. Sessional worker training will include work around, trauma informed working, the importance of working in single sex groups, financial awareness, awareness of what is meant by toxic masculinity, drug and alcohol work, shame and criminal culpability. This list is not however, exhaustive.

5. The establishment of a safe space where the project can meet at least twice weekly for practical, craft, art and other leisure activities conducive to the building of confidence and self-esteem and the development of positive and healthy relationships with the trusted adult and peer sessional workers described above.

6. The project will offer workshops on drug and alcohol misuse, money management, running your own business, relationship building etc

7. Sessions would also include such activities as shopping, cooking, sharing time and eating together.

8. The project will offer one to one support sessions outside of the group sessions to enable individual project participants to work with the project lead and individual sessional workers to access the support they need and build relationships at their own pace.

9. The project lead will organise, with input from sessional workers and participants, appropriate cinema and theatre visits, trips to places of interest and days out based on participants interests.

10. The project will offer confidential, trauma informed, therapeutic group sessions and circles where participants are supported and encouraged to share and discuss their issues and concerns as they need and to create vision boards relating to their future hopes and goals.

11. Alongside the work outlined above the project lead will work to develop a training programme based on the one

Does your proposed project already exist or is this a new piece of work? If this project is already operating, please describe to us how you will use this as an opportunity to build on what you have achieved to date. If this is a new piece of work, please explain what this funding will enable you to do differently.

Our CEO Fiona Broadfoot supported by our board of directors and our volunteers including Rosaleen Forsey, Lesley Semmens, Gillian Iley, Jillian McCormack, Jean Bowen and Jacqui Ambler.

What expertise and track record do you have to be able to deliver this work successfully? Please specifically mention your expertise linked to gender and trauma informed approaches.

Build A Girl is a survivor led organisation.
Our founder and CEO has lived experience of child sexual and criminal exploitation. Her direct involvement started as a child of 15 and she spent 11 years in the life. Totally ostracized from normal society. This ended abruptly in 1995 when she heard the news that her cousin aged just 18 had been murdered by a sex buyer. She has worked for the past 28 years in the violence against women and girls sector. Starting out as a volunteer (1995) with Bernardo's Streets and Lanes based in Bradford supporting girls and young women at risk or directly involved in sexual and criminal

exploitation.

She has spoken at many conferences and delivered training and workshops raising awareness through her own lived experience to encourage a better understanding of the sex trade and its impact on women and girls. Challenging the notion that prostitution is a job and opposing the 'sex work is work' narrative.

Fiona was research assistant on a home office project "Voicing Our Views" in early 2000 speaking to adult women involved in the sex trade to encourage a better response and understanding to the needs of this group of women. This particular client group has always been seen as hard to reach, but due to Fiona's lived experience the women she interviewed gave frank heartbreaking accounts of their own experiences which without doubt helped to change the narrative and approach to the way in which women involved in street prostitution were and are viewed and supported. This led to Fiona being head hunted to set up a Street Exit project at Nia, a women's organisation in London.

This was a partnership funded by Hackney Community Safety Partnership where Fiona gained experience of working with a multi-agency team made up of Police, health, Probation, and housing.

Fiona received The Diamond Award for her contribution to tackling the issue of sexual and criminal exploitation of girls and women in 2018.

In addition to Fiona's experience our Board of Directors and our volunteers also have a wealth of knowledge and direct experience of founding and working in a range of organisations that support women and girls surviving child sexual abuse, domestic violence and abuse and rape. Some of our team have worked for Women's Aid, Citizens Advice and Justice For Women. We have directors and volunteers who are trained therapists, teachers and social workers

Please explain how the grant will be spent

Year 1

£40,000

Project lead salary .5 post = £20,000

Project lead expenses = £1200

Recruitment of sessional workers = £500

Sessional workers expenses = £1400

Sessional workers training - £1800

Sessional workers fees = £3500

Room rental = £3600

Group/workshop resources inc materials and food etc = £3500

Development of training programme = £3500

Project monitoring and evaluation = £500

Contingency = £500

Total = £40,000

Year 2

£40,000

Project lead salary .5 post = £20,000

Project lead expenses = £1200

Recruitment of sessional workers = £500

Sessional workers expenses = £1400

Sessional workers training - £1800

Sessional workers fees = £3500

Room rental = £3600

Group/workshop resources, including materials and food = £3500

Sessional tutor recruitment, expenses and fees = £3000

Training promotion = £500

<p>Project monitoring and evaluation = £500 Contingency = £500</p> <p>Total = £40,000 Grand total = £80,000</p>
<p>Who will be responsible for overseeing and delivering this work?</p>
<p>Our CEO Fiona Broadfoot supported by our board of directors and our volunteers including Rosaleen Forsey, Lesley Semmens, Gillian Iley, Jillian McCormack, Jean Bowen and Jacqui Ambler.</p>
<p>How do you plan to continue this work once the grant ends?</p>
<p>We will develop our related training program as outlined above and the income this specialist program will generate will support this work going forwards once the grant ends</p>
<p>Are 80% of your beneficiaries women and girls? Please provide a breakdown of your beneficiary numbers for the last two years.</p>
<p>100% of this project beneficiaries will be women and girls. All of our existing beneficiaries are women and girls and this has always been the case. Over the past two years we estimate we have worked directly with at least 30 young women and girls and their siblings, mothers and female carers.</p>
<p>Does your organisation have existing knowledge and expertise working across the criminal justice system?</p>
<p>As her criminal record prevented Fiona from accessing further education and training after exiting. Fiona had a criminal record with over 80 convictions mostly for street prostitution, from when she was criminalised as a child, and for fraud which Fiona engaged in after she fled her violent and abusive pimp as she fell straight in to the hands of a criminal gang who used her to fraudulently purchase goods with stolen cheque books. This all led to huge barriers when she came to rebuild her life. Fiona was labelled a common prostitute both as a child and young woman. She has gone on to design and deliver training for police officers, youth offending teams and the Probation service with a view to encouraging a better understanding of the abuse and exploitation that women and girls experience. Fiona presented on the first and only Kerb Crawlers Rehabilitation program. Holding perpetrators accountable and hoping to divert them from further sex buying.</p> <p>As a relatively new organisation the Build A Girl Project believes such training to be a crucial part of our work and essential in supporting an approach that doesn't victim blame but holds accountable those who seek to abuse and profit from vulnerable girls and young women. Fiona has also advocated and supported girls and young women who have been involved in the criminal prosecution of their perpetrators and in seeking Criminal Injuries Compensation.</p> <p>Fiona was also instrumental in Holding The State To Account in the Royal Courts of Justice and she made history in changing the law so that women who have convictions for street prostitution are no longer forced to disclose these wrongful convictions when rebuilding their lives and seeking to access further education, training and employment. One of our directors is also a member of Women In Prison and we receive regular information from them relating to current research and theory, in addition to the WIP magazine.</p>
<p>Will you be receiving funding from any other sources for this project?</p>
<p>No</p>
<p>Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.</p>
<p>Yes</p>

Reason why not all staff have DBS checks.	
Total funding requested in this application (£10,000 to £80,000 with a maximum of £40,000 in one year)	
£80000	
Proposed grant start date	Proposed grant duration in months
11/1/2024	24
How much funding is required each year?	
Year 1	Year 2
£40000	£40000
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£29264	£51492
What value of unrestricted reserves did your organisation have at the end of the most recent financial year?	
£0	