

Organisation Name		Reference code
One Small Thing		2024-05-YWG27
Organisation Address		
17 Oval Way London SE11 5RR		
Website Address		
https://onesmallthing.org.uk/hopestreet		
Type of organisation? (tick all that apply and complete relevant details)		
Charity	Registered Charity Number	Date Registered
Yes	1180782	2018
Community Interest Company	Registered Companies House Number	Date Registered
No	11516337	
Social Enterprise	Social Enterprise Mark Awarded Yes/No	Date Awarded
No	No	No
Grant Summary		
This grant would fund a support worker to work with young justice-involved women on the nine pathways for reducing reoffending, at Hope Street, a pioneering, women-only, trauma-informed building co-designed with justice-involved women by a charity led by women for women.		
Please describe the specific needs of the young women and girls you work with that this project will address		
<p>Young women in the justice system are without question some of the most vulnerable people in our society. Their needs are not well served by the justice system and short sentences in particular have a huge impact on their tenancy and employment prospects. Within the justice system, young adults are treated as adults, yet the neuroscientific evidence suggests that they are still developing the physical, emotional, and social maturity necessary to assess risks, consider consequences, make decisions, and fully understand justice processes. Many of the young women we work with need particular support with skills related to psycho-social maturity, including problem-solving, coping and emotional regulation. Our trauma-informed individual support in a women-only setting can make a particular difference during this crucial phase when young brains are dynamic.</p> <p>Some of the young women we work with have children of their own and Hope Street is uniquely placed to keep them together, with its onsite creche and dedicated Children's Services Manager. Evidence suggests that family separation can spark a cycle of intergenerational trauma, particularly where the children are taken into care; 31% of women in the justice system were in care as a child. When a mother goes to prison, their children's lives are significantly affected - 95% of children do not stay in their family home and may be placed with multiple carers, be separated from siblings, and have to move school. ('What about me? The impact on children when mothers are involved in the criminal justice system' Sarah Beresford, 2018).</p> <p>This project's support worker, which we call a Community Partner, will address these needs in our safe space for justice-involved women in Southampton. Hope Street pilots</p>		

a new model that engages with women's history of trauma and disadvantage, in partnership with other local support organisations. For some of our young women, barriers to engagement with Probation Services have hindered them from accessing support, staying out of custody and successfully moving on to a thriving independent life. The Community partner will address this, working closely with Probation Service colleagues to whom we provide hot desk and consultation spaces at Hope Street, to mitigate this risk.

A significant proportion of young women in the justice system have experience of domestic violence and our provision of a safe, gender-specific alternative to Probation Service offices encourages engagement. Probation Service colleagues have found Hope Street to be effective at engaging their female clients. They have told us that "Hope Street feels safe and secure with no male presence which is especially useful for victims of domestic abuse."

The justice system impacts disproportionately on women in many other ways. As the 2018 Female Offender Strategy states, "many experience chaotic lifestyles involving substance misuse, mental health problems, homelessness and offending behaviour - as the Violence Against Women and Girls Strategy has acknowledged, these are often the product of histories of abuse and trauma". Recent data from the Prison Reform Trust tells us that 46% of women in prison have attempted suicide at some point in their lives (Bromley Briefing Prison Factfile, February 2024) and rates of self-harm are increasing particularly alarmingly for women and girls; in the 12 months to September 2023, self-harm in the female estate increased by 38% (Safety in Custody Statistics, England and Wales, January 2024).

What are the key outcomes that you will be seeking to achieve for young women and girls either at risk of offending or who are already caught up in the criminal justice system?

Hope Street's Theory of Change sets out outcomes aligned to the evidence-based nine pathways for reducing reoffending. We will measure the intended change in beneficiaries linked to identified needs pathways:

1. Accommodation: improved financial situation, understanding of housing rights
2. Education, training and employment: increased self-efficacy, self-esteem, confidence or work-readiness
3. Finance, debts and benefits: improved money management
4. Relationships, children and family: improved skills around relationships, parenting, communication
5. Substance use: understanding trauma and addiction / substances and effects. Consistent engagement with specialist services. A positive social network to support a substance-free life.
6. Attitude, thinking and behaviour: resilience, emotional wellbeing, decision-making skills. Social network
7. Mental health: self-esteem, emotional wellbeing, engagement with health care services. Physical health: physically active, knowledge of nutrition, understanding impact of trauma on physical health and wellbeing. Engaged with primary healthcare services.
8. Support for women who have experienced abuse, sexual abuse and domestic abuse: Increased feelings of safety. Linked to specialist support and therapeutic services. Increased awareness of abuse in all its forms.
9. Support for women who are selling sex or at risk of exploitation: Financially independent. Reduction in substance use. Consistent engagement with specialist support and sexual health services. Comprehensive safety plan in place.

This project will be part of an evaluation of Hope Street, led by an interdisciplinary team at the University of Southampton and will benefit from our sophisticated, user-led case management system. The Community Partner will support resident women to enter

data on their experience directly to the case management system, where they can provide daily feedback about each activity they have participated in and assessment against our benchmarked outcome indicators. Hope Street is data-driven and we constantly learn and share the most effective, trauma-informed ways to support women. Our active involvement of service users in ongoing iteration and evaluation of our programme has particular potential for young adults for whom the trust, empowerment and professional skills they can learn will be transformational. Beneficiaries will see their feedback on the local programme also have national, systemic impact as the One Small Thing national network and established influencing workstream means that we will share learning beyond the local context. We intend to publish a briefing on young women in the justice system and will be producing a podcast episode examining community justice approaches including prevention for young women.

What are the key activities you will undertake with this funding to achieve this?

The Community Partner will work with 18-30 year-old young women in our bespoke, gender-responsive space, supporting them through their journey to thriving lives in the community by delivering supportive groups and one-to-one sessions, aligned with the nine pathways of reducing reoffending. They will work alongside women on:

- Individual assessment of needs across nine pathways of reducing reoffending
- The creation of a collaborative safety and support plan
- A personalised programme of holistic support
- Expectation setting; each resident is required to attend daily check-in 'gatherings', engage daily with their Community Partner and commit to their bespoke programme
- A programme of partner-delivered interventions, such as by Bareface Theatre, delivered onsite at Hope Street
- Support to access local services, such as GPs, hospital appointments, community support groups
- Work experience, volunteering, training opportunities and qualifications in the gender-responsive, trauma-informed environment of our on-site community café and kitchen gardens
- Support to reconnect or maintain contact with children and family
- Support to identify appropriate move on accommodation and tenancy sustainment

We know that these activities can achieve the intended outcomes as, for example, the activities all came together to enable a young mother to thrive at Hope Street and move on successfully. The young woman and her daughter came to Hope Street direct from a Mother and Baby Unit. Her Community Partner worked with her to create an individualised programme and provided daily support. She fully embraced parenting and family support, including accessing local mother and baby groups and parenting skills courses. Her Community Partner supported her to complete the You Matter fourteen-week accredited life skills programme, barista training and work experience in the Hope Street community café. Facilitating family visits to Hope Street and her travel back to family helped her to reconnect and our team successfully supported her to find accommodation and resettle close to family.

Access to education, employment and stable housing are critical for successful reintegration and if a young woman stays in the Hope Street Community, moving from Hope Street to one of our supported move-on properties, her Community Partner will support her to access volunteering, education and training courses with a view to future employment. Hope Street's community café, kitchen gardens and extensive local networks facilitate this process. She can also demonstrate a period of maintaining her accommodation and paying her service charge which can be used as a reference for onward housing options.

Does your proposed project already exist or is this a new piece of work?

Hope Street was opened in June 2023 and this funding would support expanded capacity at the optimal time for us. Hope Street has started slowly as a new, innovative pilot, and this project will begin once we have had just over a year of operation and are in a position to scale capacity up to the 24 residents Hope Street has been designed for. An additional support role focused on our younger women will make a huge difference as we scale up, while building on this year's strong foundations. This will be a role that joins an established team with robust management and oversight processes. Hope Street's referral pathways are now well established and we are planning expansion over the rest of this year as we get up to full capacity in our residential space.

We work very closely with our local network of sector charities and statutory agencies to partner and avoid duplication in our shared aim for better outcomes for the women choosing to pursue Hope Street as an alternative to going into custody. We have Service Level Agreements covering arrangements from logistics and building use to safeguarding protocols for our partnerships with external agencies and this project will enable us to develop partner-delivered provision for our women that will specifically target the younger cohort. The Community Partner will work with these partners to deliver activities, informational sessions and group or one to one support in the tranquil surroundings of Hope Street. We already work with The Yellow Brick Road Project, whose accredited You Matter life skills courses targets 18-35 year olds, and CGL, who specialise in substance use and SMART recovery. We will, for example, be able to offer the local youth charity No Limits an option to meet their young women for their appointments at Hope Street.

Over the grant period, we will also bring into operation more of our move-on houses, where our women are more independent while still having the support of their Community Partner.

What expertise and track record do you have to be able to deliver this work successfully?

One Small Thing has been a leading expert in trauma-informed working in the criminal justice sector since 2014 and is led by women, for women. We have front-line experience of working both in custody and in the community with justice-involved young women with complex and multiple needs. 23% of our team have lived and life experience of the issues and challenges faced by the cohort of women we support. The Hope Street programme is based on evidence and our experienced team's knowledge of what works for specific demographics and needs. We have a track record of successfully delivering complex needs and accommodation support for women, for example under a Probation Service contract in partnership with Advance and Aurora New Dawn.

We recognise that a highly-trained team that is appropriately supported and valued is key to Hope Street's success. We therefore provide an in-depth induction and training programme with our trauma-informed approach at its core, followed by ongoing professional development, training in therapeutic interventions and external consultancy support, for example facilitating reflective action learning sets. During our first year of operation, we have successfully supported young women into independent lives. Hope Street's 19-year-old first resident last year successfully moved into local authority housing after fully participating in her programme of activities, attending many groups including Healing Trauma and Cooking Together and one-to-one support sessions with her Community Partner. The supportive safety she felt and her strong relationships with the Community Partner and team gave her the confidence to secure and retain a part time job so that she left well equipped to thrive independently.

The welcoming, gender-responsive Hope Street building provides a setting that helps professionals to engage with women who struggle to engage with traditional models and locations. The new, award-winning residential building has been co-designed with

<p>women with experience of the justice system - their voice is present across the whole of the Hope Street model. For hard-to-reach beneficiaries this safe environment combined with the consistent, individual support of their Community Partner has had a big impact. The Community partner for which we seek funding will support young women to engage with Probation Services and with activities offered by our partner organisations. Hope Street offers not only trauma-informed, gender-responsive support for up to 24 residents but also an accessible, welcoming option for non-resident women under South Central Probation Services. Co-location for partner agencies such as Probation Services, Yellow Door, and the Mental Health Treatment Requirement team, will increase the Community Partner's network and informal support. For example, we hold a fortnightly joint meeting where the Community Partner will be able to discuss issues, priorities and future relationships with Probation Service Colleagues.</p>
<p>Explain how the grant will be spent</p>
<p>Who will be responsible for overseeing and delivering this work?</p> <p>The activities will be delivered by the funded Community Partner, recruited for their ability and experience in engaging women in programmes of activity linked to their identified needs. They will be supported by a wider team with expertise across key areas, including: social care, children and family support, housing and tenancy support, substance use, health and well-being and domestic abuse. The whole team's activity is overseen by the Programmes Manager and Hope Street's Community Director. Project management and evaluation will be supported by the Association of Project Management qualified Fundraising and Business Development Officer and by Hope Street's Systems and Impact manager. Robust governance and inclusive, participatory processes have been established and iterated over Hope Street's first year of operation and stem from One Small Thing's expertise in trauma-informed working, systems and policies.</p> <p>The Community Partner will also work with our Skills and Enterprise Manager to arrange work experience, training and qualifications in the safe, supported Hope Street café and kitchen gardens where appropriate</p>
<p>How do you plan to continue this work once the grant ends?</p> <p>This grant will establish enhanced provision that will continue after this grant through the funding mix planned in the Hope Street funding model. It comes at the optimum time for us as it will enable an expansion of capacity and specific learning around supporting the younger cohort of women. This is the time for us to build our evidence base of operating data to support our sustainability planning, which looks to continue to diversify our income streams and increase year on year the proportion of statutory funding and commissioned contracts that fund the work we deliver at Hope Street, such as local authority, Ministry of Justice and OPCC funds.</p>
<p>Does your organisation only work with women and girls?</p> <p>One Small Thing is a charity run by women, for women, championing the voice of justice-involved women. Hope Street is a new, women-only residential facility for Hampshire women aged 18+, that aims to pilot a redesign of the justice system's response to women in a way that can be replicated and scaled nationally.</p>
<p>Does your organisation have existing knowledge and expertise working across the criminal justice system?</p> <p>Yes. One Small Thing was founded in 2014 in response to the levels of suicide and self-harm across women's prisons in England, and feedback from prison staff who wanted to better understand and respond to the underlying trauma behind this. Our founder, Lady Edwina Grosvenor, witnessed the success of Dr Stephanie Covington's</p>

<p>Becoming Trauma Informed programme in US prisons and set out to fund and organise its roll out across the women's prison estate in England and Wales. One Small Thing delivered this, initially managed as an initiative under the Centre for Crime and Justice Studies, before becoming an independent charity in 2018. The Becoming Trauma Informed programme is now well-established across prisons in the UK with thousands of staff trained and residents participating in peer-led trauma interventions. We help people to understand how offending is influenced by trauma and how by working in a trauma-informed and trauma-responsive way they can help people to change their lives. Our work has expanded to trauma-informed and gender-responsive training programmes and consultancy support for criminal justice, public sector and community organisations. We also used our expertise and networks to develop the national One Small Thing Working with Trauma Quality Mark that benchmarks and recognises good practice in trauma-informed working and have recently developed a related framework for secure settings. One Small Thing has an established research and policy reputation in the criminal justice space and employs experts, including women with lived experience, with significant experience in the field of supporting justice-involved women with complex and multiple needs.</p>	
Will you be receiving funding from any other sources for this project?	
No	
Do all staff have enhanced Disclosure and Barring Service (DBS) checks? If no please state why.	
Yes	
Reason why not all staff have DBS checks.	
Total funding requested in this application (£10,000 to £80,000 with a maximum of £40,000 in one year)	
£63669	
Proposed grant start date	Proposed grant duration in months
10/1/2024	24
How much funding is required each year?	
Year 1	Year 2
£31365	£32305
What was your organisation's expenditure in the most recent financial year?	What was your organisation's annual income in the most recent financial year?
£1598383	£3816161
What value of unrestricted reserves did your organisation have at the end of the most recent financial year?	
£799731	